

## Dressing

What you might see	What this could mean	Strategies
<ul style="list-style-type: none"> <li>• Child is having difficulty changing clothes at school, eg sport time, putting jumper on and off, etc.</li> <li>• Child is wearing clothes inappropriate for weather conditions.</li> <li>• Child is unable to orient clothing e.g. puts clothes on back to front.</li> <li>• Child is slow to complete tasks.</li> <li>• Child has difficulty with buttons, shoelaces and/or zippers.</li> </ul>	<ul style="list-style-type: none"> <li>• Problems with motor planning and sequencing skills.</li> <li>• Impaired body awareness, left/right orientation, awareness of own discomfort and need to change.</li> <li>• Fine motor weakness, reduced manual dexterity.</li> <li>• Impaired balance – difficulty standing while completing task, difficulty completing task when vision occluded.</li> <li>• Reduced bilateral coordination.</li> </ul>	<ul style="list-style-type: none"> <li>• Provide prompts re appropriate clothing in relation to temperature or subject.</li> <li>• Provide extra time to change clothes.</li> <li>• Provide step-by-step approach – sequence task.</li> <li>• Provide prompts re orientation of clothes e.g. tag to back.</li> <li>• Allow for adaptations in clothing for school.</li> <li>• Child may find it easier to dress when seated.</li> <li>• Maintain child's dignity and privacy.</li> </ul>