

Feeding

What you might see	What this could mean	Strategies
<ul style="list-style-type: none"> • Child has difficulty with feeding self or using utensils. • Child has difficulty opening lunchbox, packaging, and drink bottle. • Child forgets to eat or drink. 	<ul style="list-style-type: none"> • Fine motor weakness. • Impaired coordination. • Reduced manual dexterity and or strength. • Poor organisational skills, memory impairment. • Reduced awareness of daily routines. 	<ul style="list-style-type: none"> • Allow for adaptive utensils. • Provide appropriate supervision • Allow extra time. • Discuss with parents re changing lunchbox packages for ease of access. • Allow appropriate drink bottles as supplied by the family. • Reinforce routines and organisational skills with a peer system to prompt child at mealtimes. Staff will need to monitor the peer system. • Provide a step by step approach.