

## **Toileting**

What you might see	What this could mean	Strategies
<ul> <li>Child has difficulty transferring on and off toilet safely.</li> <li>Child is having difficulty managing clothing.</li> <li>Child is having difficulty attending to personal hygiene after toileting.</li> <li>Child forgets to go to toilet or leaves this until too late.</li> <li>Child has difficulty accessing soap dispensers and washing and drying hands.</li> </ul>	<ul> <li>Muscle weakness</li> <li>Impaired balance and postural control.</li> <li>Reduced manual dexterity and fine motor strength.</li> <li>Reduced awareness and orientation – poorly established routines.</li> <li>Poor memory / problems with sequence for personal hygiene.</li> </ul>	<ul> <li>Ensure child has access to appropriate facilities for toileting, e.g. modified toilet as recommended by the occupational therapist.</li> <li>Ensure a safe area for transfer to toilet. Assistance may be required – teachers aide support.</li> <li>Allow for adaptive clothing.</li> <li>Teacher provides prompts re regular toilet breaks – establish routine with child.</li> <li>Allow for adaptive equipment.</li> <li>Establish sequence / routine for toileting.</li> </ul>